

CERTIFICATE OF PARTICIPATION

This is to certify that

Lucas Lamola

Has successfully participated & completed the

21km SA Run 4 Cancer Ultra Marathon 2019

held at Polokwane Rugby Fields.

TIME 01:55:39

PACE 05:30/km

GENDER 114 of 443

OVERALL 123 of 766

40+ 21 of 132

26 October 2019, Sat

Date



BoutTime

Signature

